IN FOCUS

BETWEEN TERMS

LEISURE, COMPUTER & TEENPRENEUR COURSES ON OFFER BETWEEN MONDAY 3 - FRIDAY 14 JULY

SGSCC
St George & Sutherland Community College
Leisure
Something for everyone

For the first time SGSCC brings you a select program of classes running between terms, Mon 3 July - Fri 14 July. All classes will run at the Jannali Campus

**BETWEEN TERMS**

**A Taste of Yoga - Stretch & Relax**
Want to find out if Yoga is what you are looking for? Join us for this one session taster class.

*Fee* $19*
Kristine Mulder
Fri starts 07 Jul,
1 session, 9 am - 10 am

**Abstract Painting - An Intro**
Let go of expectations and judgment and let art become fun again in this introduction workshop.

*Fee* $49*
Mary-Ann Nidelkos
Tue starts 11 Jul,
1 session, 10 am - 1 pm

**Ageing without Alzheimer’s**
In this workshop we will discuss what Alzheimer’s is and how to reduce your chance of developing this disease.

*Fee* $89*
Christine Henriksen
Fri starts 07 Jul,
2 sessions, 10 am - 1 pm

**All About Acrylics**
From the history of their manufacture to the amazing range of contemporary acrylic mediums now available, find out all about Acrylics and how to use them.

*Fee* $79*
Liz O’Reilly
Mon starts 03 Jul,
1 session, 10 am - 3 pm

**Circuit Training - 2 weeks**
Burn fat, get fit and feel great with this high intensity aerobic and the resistance stations workout.

*Fee* $24*
Lewis South
Mon starts 03 Jul,
2 sessions, 7 pm - 8 pm
David Hurley
Wed starts 05 Jul,
2 sessions, 7 pm - 8 pm

**Crystal Power Level 1**
Make crystal essences and develop an understanding on the 7 chakra system in relation to glands and organs. Crystal Chakra Pack included.

*Fee* $225
Claudia Seijas
Tue starts 04 Jul,
1 session, 9 am - 4 pm

**Improve Your Fiction Writing**
Whether you are a beginner or a more advanced writer, there is always room for improvement. We will look at the top ten most common writing mistakes and eliminate them!

*Fee* $79*
Stella Tarakson
Wed starts 05 Jul,
1 session, 10 am - 3 pm

**Konga Body Fitness - An Intro**
KONGA is a high intensity, low complexity mix of boxing, cardio, disco & everything in between.

*Fee* $12*
Emma Watts
Mon starts 10 Jul,
1 session, 5:30 pm - 6:30 pm

**Mindfulness in Action - Food Yoga**
This course will help create a healthier you through food choices, yoga and mindfulness.

*Fee* $39*
Kristine Mulder
Fri starts 14 Jul,
1 session, 10:30 am - 12:30 pm

**Overview of Oils**
Explore the world of conventional oils, fast drying oils, water mixable oils and oil bars in this hands-on class. No experience is Necessary.

*Fee* $79*
Liz O’Reilly
Wed starts 05 Jul,
1 session, 10 am - 3 pm

**Photography WOW Factor**
In this workshop you will learn how to create eye-catching photographs with a ‘wow’ factor.

*Fee* $49*
Neoklis Bloukos
Wed starts 12 Jul,
1 session, 10 am - 1 pm

**Recycled Art**
Transform recycled and unconventional materials into vivid and aesthetically pleasing artistic structures.

*Fee* $39*
Mary-Ann Nidelkos
Tue starts 11 Jul,
1 session, 1:30 pm - 3:30 pm

**Relax & Meditate**
Give yourself the gift of healing through guided relaxation. Connect with your breath and relax through body awareness.

*Fee* $39*
Dijana Harris
Mon starts 10 Jul,
1 session, 10 am - 12 pm

**Ukulele - An Intro**
An introduction to the fun of the Ukulele. Perfect for non players wishing to share the joy of this popular instrument.

*Fee* $99*
John Chandler
Tue starts 04 Jul,
2 sessions, 10 am - 1 pm

**Watercolour Tips & Tricks**
Join us to experiment with watercolour. Using salt, rock salt, plastic wrap, wax paper, masking fluid and more. $30 material cost included.

*Fee* $99*
Marion Chapman
Tue starts 11 Jul,
1 session, 9:30 am - 3:30 pm

**Working with Watercolours**
Take a look at paint fundamentals, the history of pigments and the evolution of colour.

*Fee* $79*
Liz O’Reilly
Thu starts 06 Jul,
1 session, 10 am - 3 pm

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* No Discounts
Full descriptions of every course at sgscc.edu.au
July School Holiday’s Workshops

Are you looking for School Holiday Programs for your children that are fun and educational? Join the SGSCC CodeCraft Workshops and learn to create Computer Games, Animations, Websites and more.

<table>
<thead>
<tr>
<th>Course</th>
<th>Day/Date</th>
<th>Time</th>
<th>Sessions</th>
<th>Fee ($)</th>
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<tbody>
<tr>
<td>Typing For Kids</td>
<td>Mon 3 Jul – Thu 6 Jul</td>
<td>10am-1 pm</td>
<td>4</td>
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<tr>
<td>School Holiday Makey Makey</td>
<td>Sat 8 Jul</td>
<td>8:30am-2:30 pm</td>
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<tr>
<td>School Holiday Coding - Scratch Part 1</td>
<td>Mon 3 Jul to Wed 5 Jul</td>
<td>8:30am-3 pm</td>
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<tr>
<td>School Holiday Coding - Scratch Part 2</td>
<td>Thu 28 Sep – Sat 30 Sep</td>
<td>8:30am-3 pm</td>
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<td>School Holiday Coding - Stencyl</td>
<td>Mon 10 Jul to Wed 12 Jul</td>
<td>8:30am – 3 pm</td>
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<tr>
<td>School Holiday Coding - Web Warriors</td>
<td>Thu 13 Jul to Sat 15 Jul</td>
<td>8:30am – 3 pm</td>
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More Information:
Visit www.sgscc.edu.au and search School Holiday to view all the courses listed above in more detail and to book online or call Kailani on 8543 7412

Location:
All classes are delivered at the Jannali Centre - 127-129 Sutherland Road, Jannali
Teenpreneur - School Holiday Programs

Five Day School Holiday Programs
Aimed at teens who want to turn their passion into money. We will show you how to...

- Create a portfolio with a resume and introduction letter
- Start your own small business
- Create a Facebook and Instagram Page
- Create a flyer for your small business
- Communicate with customers
- Ask great questions
- Manage your money

Here are a few business ideas for Teenpreneurs, to get you started:

- Nanny & Babysitting
- Tech Savvy Support
- Social Media Marketing
- Handmade Gifts
- Handmade Jewellery
- Candle Making
- Pet Sitting
- Odd Jobs
- Car Washing
- Taking out Neighbour’s Bins
- Gardening

Nanny & Babysitting
Looking after our siblings can be frustrating but we do learn a lot and with some specific skills you could become a baby sitter or nanny for family, friends and neighbours. Not only will this course allow you to grow your portfolio and skills but you will also apply for a Working with Children’s Check and Police Check, as well as completing a First Aid course. These skills will incur an additional fee of $195.

This could be the start of your career, as you can progress to the CHC30113 Certificate III in Early Childhood Education & Care course.

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<tr>
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<th>Sessions</th>
<th>Time</th>
<th>Fee</th>
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<tr>
<td>July School Holidays – Week 1</td>
<td>Mon 3rd – Fri 7th July</td>
<td>5</td>
<td>9:30am – 4pm</td>
<td>$250</td>
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<tr>
<td>July School Holidays – Week 2</td>
<td>Mon 10th – Fri 14th July</td>
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<td>9:30am – 4pm</td>
<td>$250</td>
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*Classes proceed subject to student numbers